



**Long Hunter State Park**  
**October 2010 Program Schedule**  
2910 Hobson Pike  
Hermitage, TN 37076  
(615) 885-2422  
[www.tnstateparks.com/LongHunter](http://www.tnstateparks.com/LongHunter)



All programs are free and open to the public. No reservations are needed, except for canoe floats. Program participants should meet at the park office unless otherwise noted. Long Hunter State Park's office is located at 2910 Hobson Pike in Hermitage. For more information or directions, contact the park office at (615) 885-2422.

### **Long Hunter October 2010 Program Schedule**

#### **Volunteer Trail Nature Hike:** *Sunday, October 3rd at 1 PM*

It's a great time of the year to be in the woods and there's no better place to explore Long Hunter than the Volunteer Trail/Day Loop area. Join State Naturalist Randy Hedgepath on this easy-to-moderate four-mile hike which will include several pauses to meet the trees and investigate nature. \*Please meet at the Volunteer Trail parking lot.

#### **Preschool Story Time - The Nature Circle:** *Monday, October 4th at 10 AM*

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join Miss Liana & the gang each Monday morning as we develop and nurture our love of nature. This week's theme: Scat Tells A Story

#### **Woodland Walk:** *Sunday, October 10th at 4 PM*

This one-mile hike on the deeply wooded Inland Trail is a great way to discover the flora and fauna of Long Hunter. Naturalist Ponda Armstrong will be our guide on this trail, which features sinkholes, migrating songbirds, unique plants, and perhaps a greater variety of hickory trees than anywhere else in the park. \*Please meet at Area 4 parking lot.

#### **Preschool Story Time - The Nature Circle:** *Monday, October 11th at 10 AM*

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature. This week's theme: Looking At Leaves

#### **Tree ID Walk:** *Tuesday, October 12th at 2 PM*

Did you know that Long Hunter State Park features the only state-certified arboretum in Tennessee State Parks? Join Naturalist Jason Allen on a leisurely stroll along the two-mile arboretum trail and learn about the wide variety of trees found at Long Hunter. \*Please meet at Area 2/Couchville Lake parking lot.

**Fall Butterflies:** *Thursday, October 14th at 1 PM*

Of the approximate 135 species of butterflies in Tennessee, 76 have been documented at Long Hunter – more than any other state park! Special guest Rita Venable of the North American Butterfly Association will discuss these magnificent insects and then lead us on a short walk in hopes of seeing some of them up close. Bring binoculars if you have them! \*Please meet at the park office.

**29th Annual Fall Festival & NAIA Pow-Wow:** *Fri-Sun, October 15th-17th at 9 AM*

Long Hunter State Park and the Native American Indian Association of Tennessee are hosting this fun-filled event which includes Indian food, arts and crafts, live music, and dancing. Admission is \$6 for adults, \$3 for seniors & children ages 6-12. Children 5 & under are admitted free. For more information, call 615-232-9179 or go to <http://www.naiatn.org>.

**Fall Foliage Hike:** *Saturday, October 16th at 10 AM*

It's mid-October and that means one thing: colorful leaves! Join Naturalist Jason Allen as we explore the Couchville Lake area and enjoy the fall foliage. We'll also discuss some of the trees along the trails and learn to identify trees by their leaves, fruit and bark. \*Please meet at Area 2/Couchville Lake parking lot.

**Autumn Star Party:** *Saturday, October 16th from 8 until 10 PM*

The Adventure Science Museum of Nashville presents a free public star party at Long Hunter State Park. Members of the Barnard Seyfert Astronomical Society will set up telescopes to provide views of planets, stars and constellations. If the weather is cloudy, the event will be cancelled. For more info, call the AstroLine at 615-401-5092 or go to <http://www.sudekumplanetarium.com/starparties/index.shtml>.

**Preschool Story Time - The Nature Circle:** *Monday, October 18th at 10 AM*

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature. This week's theme: Scampering Squirrels

**Fourth Annual Long Hunter Mega-Hike:** *Saturday, October 23<sup>rd</sup> at 7 AM*

Join naturalist and avid hiker Jason Allen as we attempt to hike all of Long Hunter's trails -- 26 miles -- in a single day. If this sounds like more than you can handle, don't worry: Whether you hike two miles or all 26 miles, the main objective is to have fun and enjoy the fall colors while experiencing the variety of habitats Long Hunter has to offer. Please bring water, lunch, snacks, and good hiking shoes. Those who complete all 26 miles will receive a certificate of merit signed by Park Manager Thurman Mullins. \*Please meet at Area 2/Couchville Lake parking lot.

**Preschool Story Time - The Nature Circle:** *Monday, October 25th at 10 AM*

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature. This week's theme: Spider In The Web

**Couchville Glade Evening Stroll:** *Monday, October 25th at 5 PM*

Take a walk through coneflower country with Naturalist Ponda Armstrong as we discuss the geology and ecology of one of Tennessee's most unique ecosystems: the Couchville Cedar Glade. This area features two federally endangered plant species - Tennessee Coneflower & Leafy Prairie Clover - as well as Prickly Pear Cactus and Limestone Fameflower. We'll also keep our eyes & ears open for songbirds, owls & other wildlife! \*Please meet at Couchville Cedar Glade parking lot on South Mt. Juliet Rd.

**Halloween Hunt 5-Mile Run:** *Saturday, October 30th at 11 AM*

This event is part of the 32nd Annual Tennessee State Parks Running Tour. This race will include two laps around Couchville Lake. Awards will be presented in five age categories and there will also be a Halloween costume contest. Early registrants will receive a t-shirt. For more info, go to <http://tennessee.gov/environment/parks/RunningTour/pdf/halloween.pdf> or call 615-390-6977.

**Spooktacular Halloween Hike:** *Sunday, October 31st at 1 PM*

The Volunteer Trail/Day Loop area features some of Long Hunter's most impressive natural features: majestic trees, rocky outcrops, a wide variety of plants, and impressive views of Percy Priest Lake. Join State Naturalist Randy Hedgepath on this easy-to-moderate four-mile hike as we explore this scenic area and take in the fall colors. \*Please meet at the Volunteer Trail parking lot.

**\*\* All programs are free and open to the public. For more info or directions to the sites, call the park office at 615-885-2422. \*\***

[Long Hunter State Park](#) Web site

[Friends of Long Hunter State Park](#) Web site

**Follow Us on Facebook ...**

[Tennessee State Parks](#)

[Friends of Long Hunter State Park](#)

**Congratulations to Liana Dranes**

Ms. Liana's *Nature Circle* won the TN Recreation and Parks Association 4 Star Award in the Programming category. (right) Liana and Park Manager Thurman Mullins on Sept. 20 after the award presentation in Murfreesboro.

