

LEAVE NO TRACE

KNOW BEFORE YOU GO:

- 🦋 Be prepared for your outdoor trip. Bring clothes that protect you from the cold, heat, wind or rain.
- 🦋 Bring maps that show where you will be camping. Learn to use them so you won't get lost.
- 🦋 Learn about the area that you'll visit. Read books and talk to people before you go. The more you know; the more fun you'll have.

CHOOSE THE RIGHT PATH:

- 🦋 Stay on blazed trail to protect nature and keep track of your location.
- 🦋 Watch where you walk, please do not step on flowers or tree seedlings.
- 🦋 To keep areas natural looking, don't leave ribbons, rock piles or cut any trees to mark your way.
- 🦋 Camp at designated shelter.

STASH YOUR TRASH:

- 🦋 Put litter in trashcans or carry it home to keep the area clean. Recycle if you can to conserve natural resources.
- 🦋 Protect wildlife and your food by storing food and garbage tightly.
- 🦋 Pick up spilled food and put in trashcans or carry home to avoid attracting insects and unwanted animals.

KEEP WATER CLEAN:

- 🦋 Do not put soap, food, or human waste in lakes or streams. Wash dishes and yourself at least 200 feet (100 steps) from water sources.
- 🦋 Use bathrooms and outhouses when you need to "go."
- 🦋 If there are no bathhouses, bury solid human waste in a small "cat hole" 4-8 inches deep and 200 feet (100 steps) from water, camp and trails. Urinate away from water and trails.
- 🦋 Place toilet paper in plastic bag and put the bag in a garbage can back home.

LEAVE IT AS YOU FIND IT:

- 🦋 Leave plants, rocks and historical items as you find them so the next person can enjoy them.
- 🦋 Listen to nature. Talk quietly.
- 🦋 Do not dig trenches or build lean-to, tables or chairs in your campsite; this can harm the ground, plants and trees.

BE CAREFUL WITH FIRE:

- 🦋 Use a gas-fueled camp stove for cooking, it's easier to cook on and clean up than a fire.
- 🦋 Build fires in designated fire ring.
- 🦋 Obtain fire permit from Park Office.
- 🦋 Bring wood with you.
- 🦋 Do not break off branches.
- 🦋 **Do not leave fire unattended.** Make sure fire is out and the site is clean before you leave.

MONTGOMERY BELL STATE PARK BACKPACKING & OVERNIGHT TRAIL INFORMATION



**To Reserve
a Backpacking Shelter
on the Overnight Trail,
please Contact
the Park Office at
(615) 797-9052**

The Montgomery Bell Overnight Trail (Blazed White)

Length: 10.8 Miles

Shelters: Three (3)
 1. Wildcat
 2. Woodland
 3. Hall Springs

Parking: There are two (2) designated Parking Areas located in the park:

1. Park Office
2. Warehouse.

DISTANCES <i>(Approximately)</i>	
Park Office Parking to Wildcat	1.7 mi (2.7 km)
Wildcat to Woodland	4.0 mi (6.5 km)
Woodland to Hall Spring	1.7 mi (2.7 km)
Hall Spring to Warehouse Parking	3.0 mi (4.8 km)

Trail map available at Park Office: \$2.00

Shelter Information

- **Reservations Required**
- No charge
- 1 night maximum stay per shelter. If staying more nights, hiker must reserve another shelter.
- **Tent camping is prohibited.**

Wildcat Shelter



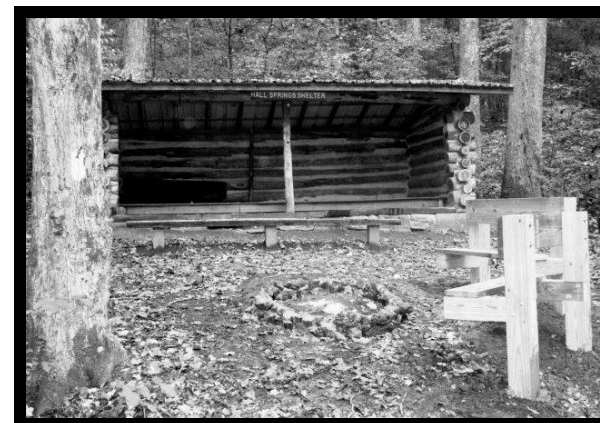
- Elevated Floor
- Creek in front of the Shelter
- Approximately 1.7 Miles from Park Office Parking Area

Woodland Shelter



- Elevated Floor
- More Secluded than Other Shelters
- Wet Weather Tributary
- 4.7 miles from Warehouse Parking Area

Hall Springs Shelter



- Elevated Floor
- Underground Spring that Runs in front of Shelter
- 3.0 Miles from Warehouse Parking Area

A permit must be obtained from the Park Office by calling 615-797-9052 or by visiting during office hours. Office hours are posted on the door of the Park Office.

Fire permits are issued on a daily basis.

Hiker must have original permit on their person when staying at an overnight shelter.

A copy of the permit must be placed on the dash of the vehicle.

