

TIMS FORD DEER TRAIL RUN

Part of the 32nd Annual Tennessee State Park Running Tour

Saturday, December 4, 2010

Tim's Ford State Park, 570 Tim's Ford Drive, Winchester, TN 37398.

Directions: From I-24, take Hwy 55 W (exit 111) to Tullahoma. At the third traffic light turn left on Westside Drive (Hwy 130). After four miles, bear right onto Awalt Road. After 5 miles, turn left onto Mansford Road, then 2 miles to the park. Park info at 931-962-1183.

Start and Finish at the Recreation Building, located on Tims Ford Drive one mile from the park entrance. All race activities, including registration, refreshments and award ceremony will take place here. Race starts at 11:00 A.M. Central Standard Time.

Course: The course is six miles, out and back, on paved trails.

Link to Interactive Map

<http://www.runningahead.com/maps/fff163c1d11a4bdfa74567f718fbd07f>

Awards: Special awards to top male and female overall, masters (40+), grandmasters (50+) and great grandmasters (60+). Five-year age groups with top 3 awards in each category from 10 to 70+. Award ceremony immediately following the last finisher.

Long Sleeve T-shirt: guaranteed to all pre-registered runners.

Pre-register online at **Active.com**.

Pre-registration deadline: November 27, 2010. Raceday registration from 9:30 to 11:00 AM.

Entry Fee: \$19.00 with or \$6.00 without shirt,
payable to MachTenn.
Race day without T-shirt \$13.00.

Mail registration to: **Mach Tenn R. C.**
128 Falcon Drive
Manchester, TN 37355

Race Director: Holly Matthews, Hollyj_79@yahoo.com (931) 581-3437. Info at www.MachTenn.org.

[Link to Registration Forms](#)