

## Does your child have TennCare?

- UHCCPM
- BlueCare East
- UHCCPE
- BlueCare West
- AMERIGROUP
- UHCCPW
- TennCare Select

### Children with TennCare can get free TENnderCare checkups until they are 21 years old.

Every child needs regular health checkups, even if they seem healthy. These checkups help your child's doctor and dentist find and treat problems early.

### When should your child get a free TENnderCare checkup?



- At birth
- 3-5 days
- 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 24 months
- 30 months
- Every year until 21 years of age



### What will happen at the checkup?

- Health History
- Complete Physical Exam\*
- Lab tests (as appropriate)
- Immunizations
- Vision/Hearing Screening
- Developmental/Behavioral Screening (as appropriate)
- Advice on how to keep your child healthy

**The doctor will also answer your questions.**

**Call your doctor to schedule an appointment.**

\* The nurse will ask your child to change into a special robe for the exam.

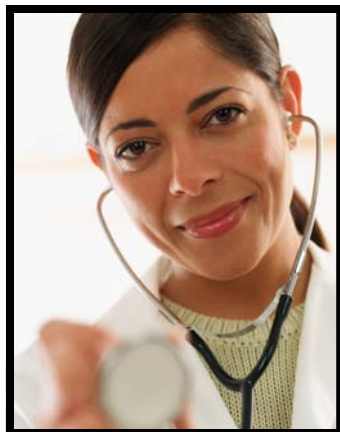
## What if the doctor finds a problem?

TENNderCare can pay for tests or treatment that your child needs to stay healthy. This may include:

- Medicine
- Eyeglasses
- Speech Therapy
- Dental Care
- Hearing Aids
- Surgery or other hospital care
- Treatment for behavior or mental health problems

## Are you worried about your child?

- Is your child having trouble at home or at school ?
- Does your child seem sad, angry, afraid or lonely ?
- Talk with your doctor.
- TENNderCare may be able to help your family by providing your child with counseling and support.



## Remember to schedule a free dental check-up too!

Children need to see the dentist every 6 months to make sure their teeth are healthy. Babies should get their first dental checkup when they are 1 year old.

To find a dentist, call TennDent: 1-877-418-6886.



## Do you need help with your TennCare?

### TennCare Advocacy Services can help you:

- Make an appointment with your child's doctor.
- Find a dentist for a child.
- Get transportation to medical appointments. TennCare pays for rides to TennCare doctors. Call as soon as you can for this free ride.
- Does your daughter need a female doctor? Do you need help finding a specialist? They can help you change primary care doctors or specialists.

**Call TennCare Advocacy Services at 1-800-758-1638.**

**This is a free call.**

*We do not allow unfair treatment in TennCare.*

*No one is treated in a different way because of race, color, birthplace, language, sex, age, religion or disability.*

This is a message from the TENNderCare Program.

For help in English, OR for more copies of this FLYER in other languages, please visit the TENNderCare website at <http://www.tn.gov/tenncare/tenndercare/index.html>