

## Caruurtaadu ma leedahey TennCare?

- UHCCPM
- BlueCare East
- UHCCPE
- BlueCare West
- AMERIGROUP
- UHCCPW
- TennCare Select

## Caruurta leh TennCare waxey heli karaan baadhitaan TENNderCare la yidhaa oo bilaash ah ilaa iyo 21 jirkooda.

Ilma kastaa wuxuu u baahanyahey baadhitaan caafimaad, xataa hadii uu u muuqdo in uu caafimaadkiisu buuxo.

**Goorma ayey tahey in ilmahaaga loo sameeyo baadhitaan caafimaad oo TennderCare ah?**



- Markuu dhasho
- 3-5 cisho
- 1 bil
- 2 bilood
- 4 bilood
- 6 bilood
- 9 bilood
- 12 bilood
- 15 bilood
- 18 bilood
- 24 bilood
- 30 bilood
- Sanad kasta ilaa iyo 21 jir



## Maxaa la sameynayaa Baadhitaanka caafimaadka?

- Taariikdaada Caafimaad
- Baadhitaan dhan oo jidhka ah\*
- Sheybaadhyo (kuwii loo baahdo)
- Talaalo
- Baadhitaan indhaha iyo Dhagaha ah
- Baadhitaan koriinka ah iyo dabciga (kii loo baahdo)
- Talo ah dhawrida caafimaadka ilmaha

## Dhaktarku su'aalahaagana wuu ka jawaabi doonaa.

**La hadal dhaktarkaaga si aad u dhigatid balan.**

\* Neerestu waxey wediin doontaa ilmahaaga in uu xidho marada loo xidho baadhitaanka.

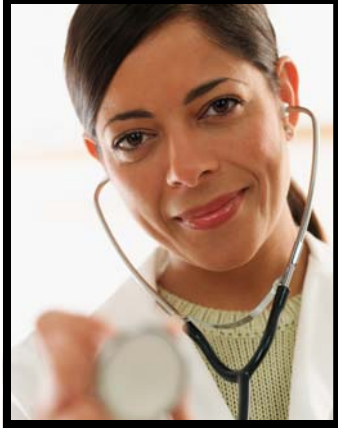
## Hadii dhakhtarku arko dhibaato jirta?

TENNderCare wuu bixin karaa wixii daaweyn ah ama sheybaadh ah ee ku xidhan caafimaadka ilmaha. Waxaa ka mida:

- Daawooyin
- Xoqoda indhaha
- Hadal bar/baanid
- Maqal kalkaal
- Qalitaan ama sariir jiifin
- Daaweyn nafsi ah ama mid maskaxeed

## Ma ka warwarsantahey ilmahaaga?

- Ilmahaagu ma leeyahey dhib xaga iskuulka ah ama gurigaba ?
- Ma u muuqdaa ilmahaagu mid madluum ah, cadheysan, baqaya ama kali ah ?
- La hadal dhakhtarka.
- TENNderCare ayaa ka caawinkara helida lataliye iyo gargaarkaleba .



## Xasuuso oo sameyso balan Ilkaha ah oo bilaasha!

Caruurta waa iney aragto dhakhtarka ilkaha lixdii biloodba mar si ilkhoodu u caafimaad qabaan. Dhalaanku waa iney ku arkaan dhakhtarka ilkaha gu' jir.

**Si aad u hesho dhakhtar ilkeed, la hadal TennDent: 1-877-418-6886.**



## Ma u baahantahey caawimo ah af Soomaali?

### Waxaa ku caawin kara TennCare Advocacy Services:

- Balan looga sameeyo ilmahaaga dhakhtarkiisa.
- Ilmahaaga oo loo helo dhakhtar ilkeed.
- Helida gaadiid ku geeya balanta dhakhtarka. Waxaa gadiidka bixiya TennCare-ka. Dalbo gadiidka goor hore.
- Inantaadu ma doorbidi laheyd dhakhtar dhadig ah. Waxaa kale ee lagaa caawinkaraa bedelida dhakhtarkaaga guud iyo helid kuwa gaarka ah(takhasusey).

**Lahadal TennCare Advocacy 1-800-758-1638.**

**Telefoonkani waa bilaash.**

*TennCare ma ogolaado la dhaqan xaqdaro ah.*

*Qofna lama takoori karo iyadoo loo nisbeeyey, midab, halkuu ku dhashey, luqad, lab/dhadig, da', diin ama laxaadli'i.*

Kani waa baq ka socda barnaamijka TENNderCare.

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Please visit the TENNderCare website at <http://www.tn.gov/tenncare/tenndercare/index.html>