



Resources for Communities

The Board of Directors for the Tennessee Institute of Public Health has compiled a list of on-line resources that can assist local communities in identifying best practices and evidence-based interventions that can help address local health challenges. Information presented in *Italics* are direct quotes from the web-sites.

GENERAL TOPICS

THE GUIDE TO COMMUNITY PREVENTIVE SERVICES

<http://www.thecommunityguide.org/index.html>

“The Guide to Community Preventive Services is a free resource to help you choose programs and policies to improve health and prevent disease in your community. Systematic reviews are used to answer these questions:

- *Which program and policy interventions have been proven effective?*
- *Are there effective interventions that are right for my community?*
- *What might effective interventions cost; what is the likely return on investment?*

More than 200 interventions have been reviewed and the Task Force on Community Preventive Services has issued recommendations for their use. Learn more about the guide, our systematic review methods, and the Community Guide team.”

Topics covered include Adolescent Health ; Alcohol ; Asthma; Birth Defects; Cancer; Diabetes; HIV/AIDS, Sexually Transmitted Diseases and Pregnancy; Mental Health; Motor Vehicle; Nutrition; Obesity; Oral Health; Physical Activity; Social Environment; Tobacco; Vaccines; Violence; and Worksite

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MOBILIZING FOR ACTION THROUGH PLANNING AND PARTNERSHIPS

<http://www.naccho.org/topics/infrastructure/MAPP/index.cfm>

“Mobilizing for Action through Planning and Partnerships (MAPP) is a community-driven strategic planning tool for improving community health. Facilitated by public health leaders, this framework helps communities apply strategic thinking to prioritize public health issues and identify resources to address them. MAPP is not an agency-focused assessment tool; rather, it is an interactive process that can improve the efficiency, effectiveness, and ultimately the performance of local public health systems.”

CANCER

CANCER CONTROL PLANET

<http://cancercontrolplanet.cancer.gov/>

“The Cancer Control P.L.A.N.E.T. portal provides access to data and resources that can help planners, program staff, and researchers to design, implement and evaluate evidence-based cancer control programs.

The Cancer Control P.L.A.N.E.T. portal provides access to Web-based resources that can assist in:

- *Assessing the cancer and/or risk factor burden within a given state.*
- *Identifying potential partner organizations that may already be working with high-risk populations.*
- *Understanding the current research findings and recommendations.*
- *Accessing and downloading evidence-based programs and products.*
- *Finding guidelines for planning and evaluation.”*

Topics covered include Breast Cancer, Cervical Cancer, Colorectal Cancer, Diet/Nutrition Informed Decision Making, Physical Activity, Sun Safety, Survivorship and Tobacco Control.

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STATE CANCER PROFILES

<http://statecancerprofiles.cancer.gov/help/about>

“The objective of the State Cancer Profiles Web site is to provide a system to characterize the cancer burden in a standardized manner in order to motivate action, integrate surveillance into cancer control planning, characterize areas and demographic groups, and expose health disparities. The focus is on cancer sites for which there are evidence based control interventions. Interactive graphics and maps provide visual support for deciding where to focus cancer control efforts.”

DIET AND EXERCISE

GETFITTN

<http://www.getfittn.com>

“GetFitTN is a statewide awareness program developed by Governor Phil Bredesen to address the rising epidemic of Type 2 diabetes and risk factors that lead to diabetes, like obesity. This initiative is aimed at educating both adults and children that Type 2 diabetes can be delayed or even prevented with modest lifestyle changes like increasing physical activity and a healthier diet.”

Topics covered include: Physical Fitness, Nutrition, Wellness at Work, Tobacco, Health and Fitness Tracker and Health and Fitness Calculators.

EDUCATION

EDUCATION MATTERS FOR HEALTH

<http://www.rwjf.org/files/research/commission2009eduhealth.pdf>

This document provides considerable data linking educational achievement to health outcomes. It also includes an extensive list of on-line resources to further explore and understand the linkage between education and health.

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SUBSTANCE ABUSE

CENTER FOR SUBSTANCE ABUSE PREVENTION

<http://prevention.samhsa.gov/>

“CSAP works with States and communities to develop comprehensive prevention systems that create healthy communities in which people enjoy a quality life. This includes supportive work and school environments, drug-and crime-free neighborhoods, and positive connections with friends and family.”

This website includes a range of Prevention Education Tools regarding substance abuse, including drugs, alcohol and tobacco for the community, home, school and workplace.

TOBACCO AND SMOKING

TENNESSEE TOBACCO QUITLINE

<http://health.state.tn.us/tobaccoquitline.htm>

“The Tennessee Tobacco QuitLine is a toll-free telephone service that provides personalized support for Tennesseans who want to quit smoking or chewing tobacco”

The website includes information on the Non-Smokers Protection Act, and a number of Fact Sheets and Resources, including information on prenatal, youth, and adult cessation materials.

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ADDITIONAL DATA SOURCES

COMMUNITY HEALTH STATUS INDICATORS REPORT

<http://communityhealth.hhs.gov/homepage.aspx?j=1>

“The goal of Community Health Status Indicators (CHSI) is to provide an overview of key health indicators for local communities and to encourage dialogue about actions that can be taken to improve a community’s health. The CHSI report was designed not only for public health professionals but also for members of the community who are interested in the health of their community. The CHSI report contains over 200 measures for each of the 3,141 United States counties.”

AMERICA’S HEALTH RANKINGS: UNITED HEALTH FOUNDATION

<http://www.americashealthrankings.org/2009/action.aspx>

“America’s Health RankingsTM is the longest running annual assessment of the nation’s health on a state-by-state basis. Over the past 20 years, America’s Health RankingsTM has evolved from a source of information for limited audiences to a robust, interactive tool that urges all populations and communities to take action to improve health. It provides state-specific rankings across a variety of national health benchmarks.”

FEDSTATS

<http://www.fedstats.gov>

“FedStats provides access to the full range of official statistical information produced by the Federal Government without having to know in advance which Federal agency produces which particular statistic. With convenient searching and linking capabilities to more than 100 agencies that provide data and trend information on such topics as economic and population trends, crime, education, health care, aviation safety, energy use, farm production and more, FedStats is your one location for access to the full breadth of Federal statistical information”

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In addition to the resources listed above, the following members of the Board of Directors for the Tennessee Institute of Public Health are willing to be contacted for further referrals and information:

Craig A. Becker
President
Tennessee Hospital Association
cbecker@tha.com

Bruce Behringer, MPH
Associate Vice President and Executive Director
Rural and Community Health and Community Partnerships
East Tennessee State University
behringe@etsu.edu

Jo Edwards, EdD
Adams Chair of Excellence in Health Care Services
Middle Tennessee State University
mjedward@mtsu.edu

Paul Erwin, MD, DrPH
Professor and Director
Center for Public Health
University of Tennessee, Knoxville
perwin@utk.edu

Jeff Ockerman, JD
Director, Health Planning
Tennessee Department of Finance and Administration
Jeff.Ockerman@tn.gov

Tara L. Sturdivant, MD
Regional Health Officer
East Tennessee Region
Tennessee Department of Health
Tara.Sturdivant@tn.gov

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Randy Wykoff, MD, MPH & TM
Dean, College of Public Health
East Tennessee State University
Interim Executive Director,
Tennessee Institute of Public Health
Wykoff@etsu.edu

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