

# Recommended Road Map Ages 7-20

A recommended guide for well-child visits, immunizations, and dental checkups

Well-child visits help make sure babies, children, and teens get the care they need to identify health concerns early and stay healthy. Getting regular checkups, which are covered at no cost to TennCare members, help children and teens stay healthy by:

- Finding physical and behavioral health problems early before they become serious.
- Preventing illness and disease by making sure children get the right immunizations on time.
- Completing developmental and behavioral screenings and providing early interventions when needed.
- Providing parenting support and guidance.

You can schedule a well-child visit by contacting your child's primary care provider (PCP). If you think your child may be behind on their immunizations, you should discuss whether any additional immunization are needed with your child's PCP. If you need help contacting your child's PCP or dentist, contact your health or dental plan. TennCare members can find that contact information at [TN.gov/TennCare/TennCare-kids](http://TN.gov/TennCare/TennCare-kids).

## Immunization Schedule

The immunization schedule is based on the [CDC immunization schedule](#). The [CDC recommends everyone stay up to date with COVID-19 vaccination](#), including all primary series doses and boosters for their age group.

7-8 years	9-10 years	11-12 years	16-18 years
		1 dose DTaP (Tetanus)	
Flu vaccine (yearly)			
	2 doses HPV (Human papillomavirus)		
		1 dose Men-ACWY (Menin-gococcal)	1 dose Men-ACWY (Menin-gococcal)

## Road Map

